

NUTRITIONAL INFORMATION

Serving Size: 1 Tablet

Servings per container: 30

| Ingredients | Amount Per Serving | % of NRV* |
|-------------|--------------------|-----------|
| Folic Acid | 400mcg | 200% |

*NRV - Nutrient Reference Value

WHY CHOOSE PRIMAL FOLIC ACID?

This dose is recommended by The UK Department of Health for women trying to conceive a baby, until the 12th week of pregnancy. It is also beneficial beyond.

Folic Acid is an important vitamin for men and women of all ages it helps with...

- ✓ Normal blood function
- ✓ Normal homocysteine metabolism
- ✓ Normal function of the immune system

- ✓ No preservatives
- ✓ Suitable for vegetarians & vegans
- ✓ Gluten free
- ✓ No artificial colourings
- ✓ Lactose free

Ingredients: Bulking Agents (Dicalcium Phosphate, Microcrystalline Cellulose), Anti-Caking Agent (Magnesium Stearate), Folic Acid



****DOUBLE THE GOODNESS EVERY DAY:**
For each and every Primal supplement you take, we provide a supplement to an under nourished child.

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DOUBLE THE
GOODNESS**

PRIMAL
loving life naturally

PRIMAL'S PURPOSE is to support health, wellbeing and longevity, so that we can all thrive in the modern world; an environment so alien to that in which we evolved. Embracing technology, research and science, we harness nature's goodness – enabling us all to love life – naturally.

Primal Folic Acid helps maintain normal function of the immune system. Each tablet delivers double the EU Nutritional Recommended Value.



IMPORTANT INFORMATION: Food supplements should not be used as a substitute for a healthy diet and healthy lifestyle. If you are pregnant, breastfeeding, taking prescription medication or under medical supervision it is advisable to consult a GP prior to taking any supplements. Discontinue use and consult a GP if adverse reactions occur. Do not exceed stated dose. Keep away from children at all times.

Allergen Warnings: Manufactured on equipment which processes products containing nuts, milk, shellfish, fish and soya. Store in a cool dry place.

Suitable for Vegetarians & Vegans.

UNIT 2D, EAGLE ROAD, MOONS MOAT, REDDITCH,
WORCESTERSHIRE, B98 9HF



FOR BEST BEFORE AND BATCH
NUMBER SEE BOTTOM OF POT